# The Robb Center Report

## Andover's Senior Newsletter

#### SEPTEMBER 2023

Hispanic Latino Heritage Month Celebration: Tuesday, September 19 from 12pm-1:30pm— Join us as we celebrate Hispanic Latino Culture by learning how to make fresh pico de gallo & guacamole, by learning some dance moves with Lourdes and by appreciating the live traditional music of Felix Rodriguez. Lunch will be chicken & cheese

quesadillas. Tickets are \$10. Tickets go on sale September 1 for Andover Residents and September 6 for non-Andover Residents.

Sponsored by the Andover Senior Community Friends.



**Fall Craft Sale:** Stop by The Robb Center on Thursday, September 7 from 9:00am-6:00pm or on Friday, September 8 from 9:00am-2:00pm— We will be selling beautiful handmade crafts from the Wednesday Crafting Group. Items available include wreaths, plants and trinkets. Cash & Check only

English Afternoon Tea: A Presentation & Tasting - Tuesday,
September 5 at 2pm—Enjoy a relaxing afternoon with Tea
Sommelier Allyson Irish, who will share information about the
fascinating history of English Afternoon Tea,
including the woman who started this tradition,
some fun tea facts, the six main types of tea, and
some common tea etiquette. You'll also have the
opportunity to try some different teas along with

#### What's Inside

- **P2** General Information
- P3 Monthly/Bi-Monthly Programs
- **P4** Weekly Programs
- **P5** Weekly Programs cont.
- P6 Active Living & Health Fair
- **P7** Stay Active & Transportation
- P8 Support Groups & Supportive Day
- **P9** Resources
- P10 September Calendar & Menu
- P12 Thursday Nights
- P13 Important Information
- **P14** Andover Senior Community

Friends Pie Fundraiser

Magic of Lyn: Thursday, September 21 at 6:00pm—Join us for an incredible magic show by the show-stopping, award-winning illusionist Lyn Dillies. Lyn has performed at Lincoln Center in NYC, Carnegie Hall, and all across the

country. Sponsored by the Andover Senior Community Friends. Registration Requested.

English tea treats. Registration Required.





#### **GENERAL INFORMATION**

#### **Director of Community Services**

Jemma Lambert jemma.lambert@andoverma.us

#### **Director of Elder Services**

Jane Burns jane.burns@andoverma.us

#### **Assistant Director**

Kelly McShane kelly.mcshane@andoverma.us

#### Social Work/Outreach

Kristine Arakelian, LCSW karakelian@andoverma.gov

#### **Transportation/Outreach**

Shawna McCloskey, LSW smccloskey@andoverma.gov

#### **Volunteer Coordinator**

Ashley English ashley.english@andoverma.us

#### **Program Assistant**

Heather Bhattacharjee heather.bhattacharje@andoverma. us

#### **Administrative Assistants**

Nina D'Agostino, Pat Kelly

#### **Supportive Day Program Coordinator**

Angela Lonergan angela.lonergan@andoverma.us

#### **Nutrition Staff**

Jim Swasey, Nutrition Manager James.swasey@andoverma.us Sue Starbird



**AndoverElderServices** 



andover\_elder\_services

#### **CENTER HOURS**

Hours: Mon, Tues, Wed & Fri 8:00 am—4:00 pm
Thursday 8:00 am—8:00 pm

#### WHAT IS THE ROBB CENTER?

The Andover Robb Center is the home of the Elder Services Division. We offer a wide variety of programs and services to support the community.

#### PROGRAM REGISTRATION INFORMATION

For programs that do not have an associated fee, you may register in-person at the front desk, or on myactivecenter.com or by calling the center.

For programs with an associated fee, you may register in-person at the front desk or by calling the center.

Payment is due upon confirmation that the program has met minimum enrollment.

Due to popularity, Andover residents are allowed early registration when noted in the program description.

Phone: (978) 623-8320

Online: www.myactivecenter.com
Email: senior.center@andoverma.us

#### **REFUND POLICY**

Should a patron request a refund for a class, trip or event, The Robb Center will fully reimburse a credit towards a future program or class. If the patron would like a refund check mailed to them, the processing fee will be 10% of the full amount.

#### **INCLEMENT WEATHER POLICY**

Andover Elder Services will mirror Andover Public Schools' snow cancellation schedule. When school is cancelled, Meals on Wheels is cancelled, Supportive Day will be closed, and all in-person programs will be closed. All virtual programs will be held and staff is available to offer assistance.

#### **MONTHLY & BI-MONTHLY PROGRAMS**

Dull Men's Club: Thursday, September 7 & 21 at 10:00am—

The DMC meets at the Robb Center on the first and third Thursdays every month. Come along and join in on an informal round table discussion of current events, history, technology, medicine, sports, and travel. Perhaps you might share an anecdote or joke with your fellow "Old Guy's." We do not discuss politics or religion.

Ice Cream Social from Representative Frank Moran—Wednesday, September 6 at 1:00pm



AARP Smart Driver Safety Course by Doug Prentiss: Friday, September 8 from 9:30am-3:30pm

- Topics include the current rules of the road, how to understand new traffic control devices, some of the new technical features in vehicles, and how to operate a vehicle in today's increasingly challenging driving environment. Sponsored inpart by the Andover Senior Community Friends. Registration Required.

Andover Photography Connection (APC): Join this group of photo enthusiasts to share photography techniques, interests & experiences. We will meet on the second Friday of each month at 10am.

Non-Fiction Book Club: Monday, September 11 at 10:00am—This club explores contemporary issues, history, biography and more. The group meets at The Robb Center. Group contact is Joanne at joannedahlgrenma@gmail.com. Protect Your Home and Properties
Presentation by the Registrar of
Deeds: Wednesday, September 20
at 1:30pm—M. Paul lannuccillo,
Registrar of Deeds, will be
discussing various topics in relation
to the protection of your
properties. Topics
include: Homestead Declarations,
Fraud Scams on Properties, and
Consumer Notification Service.
Questions will be welcomed.

American Art: Part 3: Tuesday,
September 26 at 2:00pm- Join us
for a look at how art in America
evolved in the modern era, from
Pop Art to Grandma Moses, how it
took the seat of power with all its
new directions, energy, and nerve.
You can't "like" it all, but you may
go home with more than you
thought. Where in the world do
you think it is going next? This
presentation will be on Zoom with
a live audience at The Robb Center.
Sponsored by the Andover Cultural
Council.

Bathsheba Spooner: A
Revolutionary Murder Conspiracy
by author Andrew Noone:
Wednesday, September 27 at
1:30pm— What possessed a
woman from the elite of
eighteenth-century New England
society to conspire with American
and British soldiers to murder her
husband at the midpoint of the
American Revolution? The story of
Bathsheba Spooner has alternately
fascinated and

fascinated and baffled residents of Worcester County for centuries.



Men's Breakfast: Tuesday,
September 26 at 8:30am— Enjoy
pancakes, sausages, home fries,
orange juice & coffee. The
presentation this month will be
"One Man's Experience with The
Big Dig" by Bill Szekely.
Registration required. \$6 fee.

Healthy Eating Discussion Group with Cherie Monahan, RN, Public Health Nurse: The Healthy Eating Discussion Group will meet on Wednesday, September 27 at 1:00pm. Join us to discuss all the ways we can support our physical well-being through healthy eating. New members welcome!

**Book Club: Thursday, September 28 at 1:30pm** — This group discusses a different book every month. This *group is currently full*.

September Birthday Social:
Thursday, September 28 at
12:00pm—All are welcome!
Entrée will be meatloaf. Music by
Tommy Smith. Delicious
desserts & raffle from
Stonehill.

The Great Textile Strike of 1912, aka The Bread & Roses Strike: by Rich Padova, M. Ed, M.A.: Friday, September 29 at 10:00am—This strike in Lawrence, although not well-known everywhere, had a profound effect on working-class America during the progressive era and contributed to the reforms that created better lives for workers. Come learn more about this historic event.

#### **WEEKLY PROGRAMS**

#### **Everyday:**

**Congregate Lunch: Monday through Friday at 12:00pm**—Join us for Congregate Lunch. Reservations are required by 3pm the previous day. Reserve a seat by calling 978-623-8320. A \$3.00 donation is suggested. Daily entrées are listed on page 10.

#### **Monday:**

Quilting Group: 9:00am—Join a group of dedicated quilters to share tips and tricks.

Sunrise Singers: 9:00am—Join a wonderful choral group that performs throughout the year.

Monday Matinees: 1:00pm— Join us to watch a film on the "big screen." Movie titles will be announced weekly.

Hand & Foot Card Game: 1:00pm

Ping-Pong: 1:00pm—Drop-in to play a round of Ping-Pong.

#### **Tuesday:**

Comfort Critters: 9:00am—This group creates little "comfort critters" that are donated to hospitals. The group is full.

Mah Jongg: 1:00pm—3:00pm

Social Bridge: 1:00pm—3:30pm

Drama enthusiasts? You can take a role or just be the audience! We will be reading Flyin' West by Pearl Cleage and Leopoldstadt by Tom Stoppard Mondays at 1pm from October 2 through November 27 at the Robb Center. New and used editions are available from online vendors and some local sources. Contact Eileen Reilly at eileenreilly42@gmail.com to register or for more information.



#### Tom Carroll **RE/MAX Partners**

44 Park Street, Andover 978-502-8347

Selling your home? We will compassionately help you with the following: Decluttering • Cleaning Donating • Repairs • Staging



tcarroll@remax.net • www.Andover-TopBroker.com





SUPPORT OUR ADVERTISERS!



Contact us at



HOME MEALS

**Delicious &** 

**Nutritious Meals** 

Free Delivery | No Subscriptions

No Minimum Order | 160+ Meals

Call Today for Your FREE Brochure (508) 960-1313

\*Introductory offer for new customers, 1 Per Household, Expires September 29, 2023.

BE YOURSELF. BRING YOUR PASSION. WORK WITH PURPOSE.

#### Wednesday:

Morning Crafting Group: 9:30am—11:30am— Crafters wanted! Join this group to make crafts for various fairs that support The Robb Center.

Parler/Discute: 9:30am- French Discussion Group

**The Write Stuff: 10:30am**—Join this group to write novels, poems and more. **Knit Wits: 12:30pm**—Join a group of knitters. New knitters are always welcome.

Basic Tap Class with Audrey: 1:00pm—All our welcome to come and dance.



#### **Thursday:**

**Andover Chroniclers Meeting: Every 1st and** 3rd Thursday at 9:00am—Join a group that produces videos. No experience necessary. Email andoverchroniclers@gmail.com to sign-up and ask questions. Present and past Chronicler Shows can be found on AndoverTV.org.

Scale Modeling Club: 10:00am—Join a group to discuss, build and share scale models.

Open Art Studio: 10:00am—The members of this group paint together, using different mediums, encouraging creativity and sharing tips. New members welcome.

Duplicate Bridge: 1:00pm—4:00pm

Ping-Pong: 2:00pm—Drop-in to play a round of

Ping-Pong.

Ping-Pong: 6:00pm—Drop-in to play a round of

Ping-Pong.

#### Friday:

Le Petit Dejeuner, the French Conversation

Group: 8:30am—Venez parler français dans un cadre convivial en petit groupe. Il n'y a pas de chef, alors les membres assument leurs responsabilités. Quelques fois nous lisons à haute voix un livre et tenons une conversation ouverte. À tour de rôle, choisissez un thème à présenter. La littérature française, la géographie, la culture, la grammaire ... à vous de choisir. Il faut s'inscrire. Les nombres sont limités.

**English Listening Skills Series for Chinese** Speakers: 9:30am—We'll help you improve your skills in English and make "learning to listen" fun. To sign-up, please email William at weixuid@yahoo.com.

隔周星期五的 10:00 am: 参加安多福华人联谊会 Zoom 网上聚会 (Andover Chinese Charm Circle ).请发 送电子邮件给William: weixuid@yahoo.com

45s Card Playing: 1:00pm—3:30pm

Social Bridge: 1:00pm—3:30pm



YMCA Class Opportunities at The Robb Center: Join us for two free drop-in class opportunities through the end of the year. These classes are sponsored by Andover Home for the Aged People. Walking Group - Thursdays at 9am (weather permitting): This walking group will begin with a light warm-up and stretch and proceed around the local area for 45 minutes. The walk will finish with a light stretch. Patty Ferrulo will lead this group. It will meet at The Robb Center.

Yoga Class with Soki—Tuesdays at 2:30pm at The Robb Center: This is a gentle and therapeutic yoga for everyone. Benefits include softening tight/stiff neck and shoulders, strengthen lower back and body, boost immune system by lymphatic circulation, and improving posture. Every class will cover fundamental body alignments and variations of breathing techniques. This class does not utilize a chair.



# ACTIVE LIVING & HEALTH FAIR

#### WEDNESDAY, SEPTEMBER 13, 2023

THE ROBB CENTER, 30 WHITIER COURT, ANDOVER 10:00 AM - 2:00 PM



- HEALTH SCREENINGS
- FLU SHOTS AND COVID BOOSTERS\*
- NUTRITION PROGRAM SAMPLING
- INFORMATION ABOUT SERVICES &
   PROGRAMS IN THE COMMUNITY
- GIVEAWAYS

\*please bring insurance card if you plan on getting a flu shot or Covid booster













#### STAY ACTIVE

**Women's Outdoor Adventure Group (WOAG):** Hiking season has returned! Please contact Jane at fleecy1.godmother@verizon.net for updates.

南京

**September 14 :** Taft, Ward French Reservations

September 28: TBD

For any participation in Adventure Groups, participants must sign our "Waiver for 2023" form once a year (found on our website, www.andoverma.gov/227/Elder-Services). For each individual hike, participants must register on myactivecenter.com or by calling us at 978-623-8320.

**Fitness room:** Our goal is to help older adults and adults with disabilities remain active, engaged and independent in their community. Fitness room hours are Monday: 8am-4pm, Tuesday: 10:30am—4pm, Wednesday: 8am-4pm, Thursday: 8am- 8pm, and Friday 8am-4pm. This room is free to Andover residents and \$100 a year for non-Andover residents. To schedule an orientation please call the front desk at 978-623-8320. Orientations are typically held on Tuesdays at 10:30am by Denise Boucher.

Dedicated Pickleball Times for Robb Center Members: Mondays & Fridays from 9am—11am at Rec Park (147 Abbott St.). Courts 1 & 2 will be prioritized for Robb Center Members during the times listed above. Participants must bring their own equipment and sign a 2023 Robb Center Participation Waiver (forms available at the front desk). Participants must know how to play pickleball. We are not providing lessons. No registration required, this is a drop-in opportunity.

#### SEPTEMBER 2023

#### WE ARE HERE, TO GET YOU THERE!

**Meals on Wheels:** Home Delivered Meals are available to Andover seniors. To determine your eligibility, please give us a call at 978-623-8320. Andover residents only.

#### **Bus Trips:**

MAMA MIA - It's the Ultimate Tribute to ABBA — Starring Dancing Dream Live! We'll be going on Thursday November 16 from approximately. 10:30am-4:00pm. The concert and lunch will be at the Danversport Yacht Club. Cost is \$115.00 all inclusive. Christmas at the Newport Mansions. Join us to visit two of Newport's most elegant 'cottages' decorated for the Holidays in their Yuletide finery! Cost is \$119.00 all inclusive. Lunch location as well as times to be advised.

Andover residents get priority when trips meet capacity. Costs vary, seats limited. Call 978-623-8320 for details. If a participant needs to cancel a trip for any reason, The Robb Center needs at least 48 hours from the trip to issue a credit for transportation. Cancellations with less than a 48 hour notice, will not result in a credit. After repeated cancellations, you will be placed on the waitlist for future trips. Any "Best of Times Trips" require 2 weeks notice.

**Rides to The Robb Center:** We provide transportation to and from the Center at no cost. Call Shawna to check availability and schedule your ride. Andover residents only.

**Medical Transportation:** We continue to provide transportation to vital medical appointments. Please call 978-623-8320 to schedule an appointment. Andover residents only.

**Grocery Trips**: Market Basket Plaza: Thursdays, door-to-door service. Call to register by Tuesday, every week. Cost: Free. Please call 978-623-8320 for more information. Andover residents only.

**Townie Trips:** Need a ride to a hair appointment or other errand? This is a Personal Ride Service that runs on Tuesdays. \$8.00 round-trip, \$5.00 one-way. Call to make an appointment 978-623-8320. Local Andover trips only.

**Library Trips: Mondays, September 14 & September 28**—Need a lift to the library? Riders will have time to spend at the library browsing materials, and taking advantage of all the library has to offer. Registration required. Andover residents only.

#### **SUPPORT GROUPS**

**COMPASSUS** 

#### **Family Caregiver Support Group:**

The next meeting will be September 18 at 1:30pm at The Robb Center. Please join us for a support group for family caregivers to connect with others, share concerns, and learn about available resources.

#### **Bereavement Support Group:**

The next meeting will be Wednesday, September 20. A representative from Compassus will facilitate the group. Join us as we support each other and discuss some of the ways the loss of someone significant can affect our lives. Cookies & water will be provided.

Registration
Required.

Parkinson's Disease Support
Group: Thursday, September 14 at
1:30pm— Join us for the
presentation, "Deep Brain
Stimulation Surgery: Awake and
Asleep Approaches" by Dr.
Aronson, Functional Neurosurgeon
and Director of Epilepsy Surgery at
BI Deaconess Medical Center/
Harvard Medical School Faculty.
For more information regarding
this group, ask for Kristine or Kelly.

ALCOHOLICS ANONYMOUS® Meetings at The Robb Center: Thursdays, 7:00 – 8:00 pm. ALCOHOLICS ANONYMOUS® is a fellowship of people who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism. The only requirement for membership is a desire to stop drinking. There are no dues or fees for A.A. membership; we are self-supporting through our own contributions. A.A. is not allied with any sect, denomination, politics, organization or institution; does not wish to engage in any controversy; neither endorses nor opposes any causes. Our primary purpose is to stay sober and help other alcoholics to achieve sobriety. Open meeting, no registration.

#### SEPTEMBER 2023

#### SUPPORTIVE DAY PROGRAM

Summer is fading and the cool, crisp fall air is almost here. The Supportive Day Program participants are ready for cooler temperatures and are looking forward to savoring the delights of fall. We will say an unofficial good-bye to summer by delving into all about the history of Labor Day and explore how the working world has changed. We will swap ice cream for apples and have fun tasting a variety of apples grown in the New England region. We will enjoy more good food and celebrate Hispanic Latino Heritage Month by learning how to make fresh pico de gallo & guacamole. We hope to try out some smooth Latin dance moves to live traditional music. We are always looking for new members to join our group! Please contact the Robb Center at 978-623-8320 to learn more about the Supportive Day Program.







#### RESOURCES

Fix-IT Shop: Monday,

Ask the Lawyer: Monday, September 18—Offered by Justin St. James, Esquire, licensed in MA & NH. Appointments are 20 minutes in-person and scheduled in chronological order. Limit of one question/issue. Cost: Free. No tax questions, please.

**Blood Pressure Clinics: Thursdays from 10:00-11:30am:-** Drop-in free clinic conducted by the Board of Health.

Brown Bag "Mobile Market":
Tuesday, September 26 from 9:0010:30am- This once a month service provides a bag of shelf stable groceries for those already approved by AgeSpan. Brown Bag may be picked up from The Robb Center between 9:00—10:30am. Applications available through AgeSpan: 978-683-7747.

Donate your glasses at The Robb
Center: The Lions Club
International has recognized the urgent need for corrective lenses and collects usable glasses in their communities to support the Lions Recycle For Sight
Program. Just drop off your glasses at the front desk.

Need locker space? We are renting out lockers at The Robb Center for \$10 per month. Keep your fitness gear and items here at the Center. Lockers limited, first come, first served. Ask the front desk for details.

September 11 & 25 from 1pm-3pm Bring your lamps, small appliances, chairs, small tables and any other small project and this group will try to fix it! Cost: \$5 plus parts for seniors (ID required). \$10 plus parts for non-seniors and non-residents. \$2 diagnostics fee.

Food Pantry: The Merrimack
Valley YMCA mobile food pantry
will be at The Robb Center the 2<sup>nd</sup>
Wednesday of every month from
9:00 am – 11:00 am. In September,
the mobile food pantry will be here
on Wednesday, September 13. The
van will be located by the Robb
Center Patio. Food bags will be
distributed on a first-come, first
served basis.

Hearing Aid Checks/Cleanings and Hearing Screenings—Friday, September 1 from 9:30am—10:30am by Wendy Ring from the Andover Hearing Center, LLC. Drop-in clinic.

Mend-It Shop: Friday,
September 8 & 22 from
1-3pm at The Robb CenterNeed a clothing article
fixed? Stop by to see if we can help!
Services Offered:
Putter fixed: \$2 denation

**Button fixed:** \$2 donation **Hemming:** \$5 donation

- \*Simple fixes only. We are not professionals.
- \* 3 article limit per customer.
- \* Additional charges for non-Andover Residents.



# Need Help with Medicare? SHINE Can Help!

Certified SHINE counselors offer free, unbiased, confidential counseling on all aspects of health insurance to anyone on or eligible for Medicare. SHINE counselors will also assist if you find yourself enrolled in a plan that is not in your best interest by reviewing your coverage with you and helping to determine if you are qualified to make a change at this time of year. To schedule a SHINE appointment, call 978-623-8320.

Balance Screenings with McKenzie DiStefano from Strength & Balance Physical Therapy: Friday, September 22. McKenzie will look at your overall strength, balance and risk for falls. McKenzie will then provide you with some recommendations in areas you may need to strengthen. Call for an appointment 978-623-8320.

Tuesdays at 10:00am: Have questions about your phone, tablet or other device? Our team of tech experts is here to help.

Hospital Equipment Loan
Program: Offered by Masonry in
Action who will lend, at no cost,
home-use health/hospital
equipment to those in need.
This organization also accepts
donations. Saturdays only from
9am—12pm. Call or visit
781-322-1052 or https://smdhelp.org/

SEPTEMBER 2023 CALENDAR					
Monday	TUESDAY	WEDNESDAY	Thursday	FRIDAY	
	at congregate lunch i	HOUR NOTICE a veggie instead of planned means, please see the front	al.	1 8:30 French Group 9:30 Hearing Aide 9:30 ESL Class Beer Battered Fish 1:00 45s 1:00 Social Bridge 2:00 Tai Chi Fan	
HAPPY LABOR *DAY*	5 9:00 Comfort Critters 10:00 Tech Help Cheese Ravioli 1:00 Mah Jongg 1:00 Social Bridge 2:00 High Tea Presentation	9:30 Crafting 9:30 Parler/ Discute 10:30 Write Stuff Citrus Glazed Chicken 12:30 Knit Wits 1:00 Ice Cream Social 1:00 Tap Class	7 9am-6pm CRAFT SALE 10:00 DMC 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Shepard's Pie 1:00 Duplicate Bridge 2:00 Ping Pong 5:00 LGBTQ+ Social	8 9am-2pm CRAFT SALE 8:30 French Group 9:30am AARP Class 10:00 Andover Photo Connection 10:00 ACCC Chicken Cacciatore 1:00 45s 1:00 Mend-It shop 1:00 Social Bridge 2:00 Tai Chi Fan	
9:00 Sunrise Singers 9:00 Quilting Group 10:00 Non-Fiction Hot Dog 1:00 Matinee 1:00 Ping-Pong 1:00 Fix-it Shop	12 9:00 Comfort Critters 10:00 Tech Help Honey Mustard Chicken 1:00 Mah Jongg 1:00 Social Bridge	Active Living & Health Fair 10am-2pm All other activities are cancelled for the day	14 9:00 WOAG 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Stuffed Chicken 1:00 Duplicate Bridge 2:00 Ping Pong 2:00pm Blood Drive	15 8:30 French Group 9:30 ESL Class Lemon Pepper Cod 1:00 45s 1:00 Social Bridge 2:00 Tai Chi Fan	
18 9:00 Ask the Lawyer 9:00 Sunrise Singers 9:00 Quilting Group Stuffed Shells 1:00 Matinee 1:00 Hand & Foot 1:00 Ping-Pong	19 9:00 Comfort Critters 10:00 Tech Help Hispanic Latino Heritage Month 1:00 Mah Jongg 1:00 Social Bridge 1:30 Watercolor Class	20 9:30 Crafting 9:30 Parler/ Discute 10:30 Write Stuff Chicken Pot Pie 12:30 Knit Wits 1:00 Tap Class 1:30 Registry Deeds 2:00 Bereavement	21 10:00 DMC 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Chicken Meatball Subs 1:00 Duplicate Bridge 2:00 Ping Pong 6:00 Magic of Lyn	8:30 French Group 9:00 Balance Screening 10:00 ACCC Bacon & Onion Quiche 1:00 45s 1:00 Social Bridge 1:00 Mend-It shop 2:00 Tai Chi Fan	
9:00 Sunrise Singers 9:00 Quilting Group Lemon Rosemary Chicken 1:00 Matinee 1:00 Hand & Foot 1:00 Ping-Pong 1:00 Fix-it Shop	26 8:30 Men's Breakfast 9:00 Brown Bag 9:00 Comfort Critters 10:00 Tech Help Beef Stew 1:00 Mah Jongg 1:00 Social Bridge 1:30 Watercolor 2:00 American Art	9:30 Crafting 9:30 Parler/ Discute 10:30 Write Stuff BBQ Pork Tenderloin 12:30 Knit Wits 1:00 Healthy Eating 1:00 Tap Class 1:30 Bathsheba Spooner	9:00 WOAG 10:00 Scale Modeling 10:00 Open Art 10:00 BP Clinic Birthday Lunch 1:00 Duplicate Bridge 1:30 Book Club 2:00 Ping Pong 6:00 CAAA Concert	8:30 French Group 9:30 ESL Class 10:00 Great Textile Strike Baked Cod 1:00 45s 1:00 Social Bridge 2:00 Tai Chi Fan	

#### Community Living At Its Best



One Nichols Way Groveland, MA 01834 Nichols-Village.com

CALL 978-372-3930

**FUTURE** YOU SAYS THANK

At Commonwealth Financial Group, we provide an ongoing educational and personal financial planning experience in which we guide individuals to achieve financial well-being.



Christine Routhier Burke, CFP®, CFBS 978.475.8710

## **SUPPORT OUR ADVERTISERS!**







"How do I know if assisted living is right for my mom?"

Small-home assisted living and memory support at The Woodlands Inn provides just the right amount of personalized assistance for your loved one. To schedule a tour, call 978-725-3300 or go to The Woodlands Inn. org/Contact.



575 Osgood Street North Andover, MA 01845 978-725-3300 The Woodlands Inn.org

Edgewood is a not-for-profit 501(c)(3) organization. 🚇 🎳





781-462-5274

Chelmsford

Bringing joy and peace to Senior Care Hourly and 24 hour care

Personal Hygiene • Ambulation Feeding • Dressing • Exercise Toileting • Shopping Transportation Medication reminders americanhomehelpers.com

### LET'S GROW YOUR BUSINESS

Advertise in our Newsletter!

**CONTACT ME Lisa Templeton** 

LTempleton@lpicommunities.com

(800) 477-4574 x6377

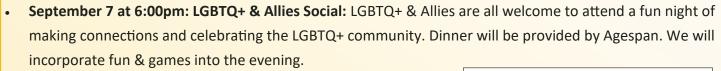


#### **Thursday Night Schedule!**

#### **Every Thursday Night:**

- Ping-Pong from 4-8pm
- Fitness Room is open 8am-8pm

#### **Special Events:** Registration required for all special events.



- September 14 from 2:00pm—7:00pm: Blood Drive Visit www.redcrossblood.org to register.
- September 21 at 6:00pm—Magic of Lyn— Details on Page 1
- September 28 at 6:00pm-8:00pm- The Chinese American Association of Andover is excited to host a concert at The Robb Center on Thursday, September 28 at 6:00 PM! Join us for an evening of music performed by youth of all ages, on instruments from the piano to guzheng!

#### **Andover Community Blood Drive**

THE ROBB CENTER ANDOVER ELDER SERVICES

Embracing Life

#### Robb Center

Life Long Learning Room 30 Whittier Ct 1st Floor Andover, MA 01810

Thursday, September 14, 2023 2:00 p.m. to 7:00 p.m.





Free Hearing Aid Consultations



11 Chestnut Street, Suite 6, Andover

978-470-4500 • www.andoverhearing.com

Compassionate in-home care for those who want support to live where they love.

A Griswold caregiver can help you or your loved one stay happy, healthy, and independent at home.





978.475.0820

#### Kenneth H. Pollard Funeral Home

Serving all faiths & ethnic backgrounds for 69 years



Specializing in Traditional Funeral Services, Cremation & Celebration of Life Prearrangements in all settings

233 Lawrence St, Methuen • 978-687-7300 • www.pollardfuneralhome.com

#### MARY KAY

Beauty Makeup Skin Care

CALL PAT DONAHUE 978-376-2181

PATMCEL@VERIZON.NET WWW.MARYKAY.COM/PMCELHINEY Ardito, Toscano & McCollum Certified Public Accountants

Tax Plannina & **Return Preparation** For Individuals, Businesses **Trusts & Estates** 

Over 40 years of service

978-688-2880

40 Bayfield Dr., N Andover | atm-cpa.com

#### BEVERLY CRAFTSMAN HOME SERVICES



-Drywall -Carpentry -Painting -Small Jobs -Home Repairs

978-233-1767 BeverlyCraftsman@gmail.com

Licensed and Insured

Place Your Ad Here and Support our Community!

AD











#### **IMPORTANT INFORMATION**

Seeking Tax Aide Volunteers: AARP is recruiting volunteers in Essex County for AARP Tax Aide services, providing free tax preparation for people with low to moderate income to help them become more financially secure. We need tax preparers, who will be trained and supported, as well as others who can provide clerical, communication and technology assistance. All levels and types of experience are welcome. If interested, please contact Kailie Winkeller at <a href="winkellerkailie@gmail.com">winkellerkailie@gmail.com</a> or 617-257-9693 or Betsey Halbert at <a href="mailto:betsey.halbert@gmail.com">betsey.halbert@gmail.com</a> or 508-843-0983.

**FY25 SCRPT (Senior Citizen Residential Property Tax Work Off) Volunteer Program**—It's that time of year again —Enrollment/
renewal for the SCRPT Volunteer Program begins October 1st! 
<u>New volunteers</u> must contact Ashley English, Services Program
Coordinator (after September 8), at 978-623-8320 for phone
interview. If you are currently enrolled and would like to renew, an
email will be sent to you with FY25 renewal paperwork attached.

<u>Renewal forms</u> will also be available at The Robb Center Front Desk
or mailed upon request. Deadline to enroll/renew is Wednesday,
November 15<sup>th</sup>.



#### Andover Farmers Market Saturdays 9-1 pm June 17- October 14

Located in the South Church Parking Lot 41 Central Street



#### Do you have SNAP benefits?

You can use your EBT card at the Andover Farmers Market market to buy SNAP eligible foods

AND

The Market will provide a Market Match of UP TO \$20 for our SNAP Customers each week Friday, December 1 we will be hosting our annual Holiday Bazaar! Join us to purchase your baked goods, crafts, and other fabulous finds.

If you have any quality items to donate to the white elephant table, we will begin accepting donations in November. We do not accept electronics, medical devices, clothing, fabric, used puzzles, furniture, or anything perishable.

If you are interested in becoming part of the Holiday Bazaar Volunteer Team, please join us at our next meeting on Monday, September 18 at 1pm at The Robb Center.

For any questions, contact Kelly McShane at kelly.mcshane@andoverma.us

#### **Discovery Center for Civic**

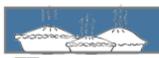
**Engagement** — Does volunteering in a purposeful way appeal to you? Are you looking for meaningful ways to use your skills and talents? Email AndoverDiscoveryCenter@gmail.com to inquire about more information.



**Council on Aging Advisory Board:** Ed Plowey, Co-Chair; Amanda Preston, Co-Chair; Ralph Bledsoe, Vice-Chair; Gail Bloom, Judy Trerotola, Joan Fox, Russ Moran, Dot Hollenbeck & Christina Vidoli. The September meeting will be Wednesday, September 13.

Representative Tram Nguyen Office Hours: State Rep. Tram Nguyen continues to hold virtual office hours on the first Friday of the month, 10-11am, and the third Tuesday, 5-6pm, via Zoom. The dates for September are Friday, September 1 and Tuesday, September 19. Please sign up at least 24 hours ahead of time using this link: <a href="https://calendly.com/teamtram/officehours">https://calendly.com/teamtram/officehours</a>.

As always, you can reach out to Rep. Nguyen's office at any time to discuss an issue. Simply email her Legislative Director Tobin Abraham at <u>Tobin.Abraham@mahouse.gov</u>, or call 617-722-2680.



#### **ASCF Fall Comfort Food Fundraiser!**

The Andover Senior Community Friends fund a variety of programs and events at the Robb Center. Help the Friends help the Center by ordering Harrow's Chicken Pies and fruit pies. Orders will be taken through **October 11th.** Pick up your pie on

Thursday, *October 19th* between 1:00 and 4:00 pm at 30 Whittier Court. The Harrows Pies are delivered frozen and ready to pop in the oven! To order, visit the Friends website at <a href="www.andoverscf.org">www.andoverscf.org</a> or complete and mail the form below with check to ASCF, PO BOX 576, Andover, MA 01810. Questions? Call Carol at (978) 837-2315.

Name:		
Street Address:		1,25382
City, State, Zip:		
Phone:	Email:	

Harrows Chicken Pie with Vegetables	Price	Quantity	Subtotal
Individual	\$9.75 ea.		
Apartment (2-3 servings)	\$20.25 ea.		
Family (4 servings)	\$27.50 ea.		
Jumbo (6 servings)	\$33.00 ea.		
Harrows Chicken Pie without Vegetables			
Individual	\$9.75 ea.		
Apartment (2-3) servings	\$22.25 ea.		
Family (4 servings)	\$28.50 ea.		
Jumbo (6 servings)	\$34.00 ea.		
Harrows 8" Apple Pie	\$13.00 ea.		
Harrows 8" Blueberry Pie	\$13.00 ea.		
"Share the Comfort", donate one or more Chicken Pies to Seniors in need.			
Donated Individual Chicken Pie*	\$9.75 ea.		
	Total		



#### Let Your Bright life Shine

at Essex County's Premier Senior Living Community

Gorgeous community. Resort-like amenities. Choice and independence. No large entrance fees... The vibrant, carefree lifestyle you desire is waiting at Brightview North Andover. Come live it.



Call Eileen or Dave to schedule your personal visit.

978.686.2582

Independent Living • Assisted Living • Dementia Care

1275 Turnpike Street • North Andover, MA 01845 www.BrightviewNorthAndover.com

06



Elegant Independent and Assisted Living, with Exceptional Alzheimer's Care.



Assisted Living, Independent Living, and Memory Care 92 West Street, Wilmington, MA Just off I-93 at Exit 38



Call 978-988-2300 • WindsorPlaceOfWilmington.com

AD SALES EXECUTIVES BE YOURSELF.

BRING YOUR PASSION. WORK WITH PURPOSE



Contact us at



The Law Offices of Kimberly Butler Rainen

Wills, Trusts,

**Probate, Nursing Home Care** 21 Central Street, Andover, MA 01810

(978) 409-1928

www.ButlerRainen.com • kbr@butlerrainen.com



#### **ROYAL REALTY, INC** Andover, MA & Nashua, NH

**Hinds Electric** 

Having trouble finding

an electrician?

Service calls

Small lobs

Call Kevin 978-401-8430

Licensed & Insured.

Andover, MA





Real Estate since 1973

lina Habeeb, Pres. Senior Real Estate Specialist **REALTOR® EMERITUS** 

SRES, GRI, GBA, CRS "We Can Help You Get Ready to Relocate" Direct 978-618-3707 (W) 978-685-1067 300 Brickstone Sq. Andover www.royalrealty.com

of Realtors Top Sales Producer

Restoration, Repair and **Refinishing of Antique and** 

- Buying & Selling -

Andover, MA 01810 Ifromme@comcast.net By Appointment

FROMME ANTIQUES

**Contemporary Wood Furniture** 

Lance Fromme, 23 Burton Farm Drive, www.LanceFrommeAntiques.com (978) 475-7370 • (508) 397-7949



Stone

A SENIOR LIVING COMMUNITY MANAGED BY NORTHBRIDGE COMPANIES

#### Hear from our Families

Stone Hill has taken all the worry out of care for our mother. The kindness of her personal care associates, nurses and all staff is beyond what we expected. She is happy and thriving. Stone Hill is the answer we were looking for. We are so happy to have found such a special place for Mom!

For more information contact:

978.664.2600

stonehillandover.com

Independent Living, Assisted Living & Avita Memory Care 141 Elm Street in Andover, MA 6. m 💝 😨



The Robb Center Andover Elder Services

30 Whittier Ct Andover, MA 01810 PRSRT STD
U.S POSTAGE PAID
Permit No.41
Andover, MA 01810



